

BEACH CITIES HEALTH DISTRICT TO HOST HEALTHY LIVING CAMPUS COMMUNITY OPEN HOUSE SATURDAY, MARCH 23

For Immediate Release

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WHAT: Beach Cities Health District will host a community open house to display new conceptual renderings for its Healthy Living Campus master plan. The event will be open to the public and conducted where the proposed campus will be developed. The event will also include a walking tour of the site, AdventurePlex inflatable bounce house, garden demos, massages, food tastings and more.

WHEN: Saturday, March 23 from 10 a.m. to noon

WHERE: Beach Cities Health District, 514 N. Prospect Ave., Redondo Beach

BACKGROUND: Since 2017, Beach Cities Health District has been working with the community to reimagine our aging campus to better reflect our mission and meet the current health needs of Hermosa, Manhattan and Redondo Beach residents.

When the 15-year master plan is completed, the intergenerational Healthy Living Campus – designed for all ages – will include a Community Wellness Pavilion with health and wellness services, meetings/conferences, a demonstration kitchen, rooftop space for exercise classes, approximately 420 Residential Care For the Elderly units, an upgraded child development center and Center for Health & Fitness, more than four acres of active green space and walking and bike paths.

"For the past two years, we've been working closely with residents to re-imagine our 11-acre campus to chart the future of preventive health in the Beach Cities," says Beach Cities Health District CEO Tom Bakaly. "This community open house allows us to update residents about how the Healthy Living Campus plans have developed and to continue to collect public input. The vision for this campus is a vibrant, research-driven center where people can learn and engage in healthy behaviors, form meaningful connections and be well... for many generations to come."

About Beach Cities Health District

Beach Cities Health District (BCHD) is among the leading preventive health agencies in the nation and has served the communities of Hermosa Beach, Manhattan Beach and Redondo Beach since 1955. As a public agency, it offers an extensive range of dynamic health and wellness programs, with innovative services and facilities to promote health and prevent diseases in every lifespan. BCHD also operates AdventurePlex, a health and fitness facility where kids play their way to good health, and the Center for Health & Fitness, a comprehensive, medically based fitness center. Visit www.bchd.org or call (310) 374-3426 for more information.